STOP THE SPREAD OF

CORONAVIRUS



WASH YOUR HANDS OFTEN WITH SOAP AND WATER.

SCRUB FOR AT LEAST 20 SECONDS. IF SOAP AND WATER AREN'T AVAILABLE, USE AN ALCOHOL-BASED SANITIZER.



CLEAN AND DISINFECT COMMONLY USED SURFACES.

WIPE DOWN DOORKNOBS, TABLES, LIGHT SWITCHES, KEYBOARDS, AND REMOTE CONTROLS.



AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK.

A PERSON WITH CORONAVIRUS CAN SPREAD IT TO OTHERS WHO ARE UP TO ABOUT 6 FEET AWAY.



DON'T TOUCH YOUR EYES, NOSE, OR MOUTH.

A VIRUS CAN ENTER YOUR BODY THIS WAY.



MOVE AWAY FROM OTHERS WHEN YOU COUGH OR SNEEZE.

COVER YOUR NOSE AND MOUTH WITH A TISSUE, AND THEN THROW THE TISSUE AWAY. WASH HANDS AFTER BLOWING YOUR NOSE, COUGHING, OR SNEEZING.



STAY HOME IF YOU ARE SICK.

IF YOU HAVE CORONAVIRUS SYMPTOMS, STAY HOME EXCEPT TO GET MEDICAL CARE.